2019 RATE SHEET: A. H. Belo Corporation

MEDICAL

OPTION	MONTHLY RATES			
Same Rates Apply for both the CDHP or the PPO	EMPLOYEE ONLY	EMPLOYEE & SPOUSE	EMPLOYEE & CHILD(REN)	EMPLOYEE & FAMILY
CDHP or PPO				
Less than \$50,000*	\$88.49	\$331.53	\$246.42	\$467.71
\$50,000-\$74,999*	\$106.98	\$395.71	\$296.56	\$554.36
\$75,000-\$99,999*	\$125.52	\$434.09	326.41	\$606.38
\$100,000 or more*	\$158.60	\$494.34	\$373.78	\$687.14

^{*} Based on your earnings as of 10/1/18

Surcharges applies to participants eligible for medical before 5/1/18

Tobacco Use Surcharge: \$75 each per month – if you or spouse covered under the medical plan tested positive for cotinine or if you did not take the screening. Complete a six month Kick It! Program and present certificate to Benefits to avoid surcharge going forward.

Biometric Screening Surcharge: \$100 each per month - if you or your covered spouse covered under the medical plan failed to take the Biometric Screening by 8/31/18 or failed to meet 3 of the 5 measures and did not submit the Physician's Affidavit Form by 9/31/2018.

Spousal Exclusion: If your spouse is employed and that company offers medical and/or dental, your spouse is ineligible for coverage under the A. H. Belo medical and/or dental.

DENTAL AND VISION

OPTION	MONTHLY RATES			
	EMPLOYEE ONLY	EMPLOYEE & SPOUSE	EMPLOYEE & CHILD(REN)	EMPLOYEE & FAMILY
DENTAL				
Delta Dental PPO	\$20.24	\$41.66	\$41.17	\$63.54
MetLife DHMO	\$7.92	\$15.06	\$15.86	\$24.58
VISION				
Vision Service Plan	\$13.94	\$29.30	\$29.30	\$29.30

LIFE AND ACCIDENT

SUPPLEMENTAL LIFE*			
EMPLOYEE AGE	MONTHLY RATE PER \$1,000 OF COVERAGE		
Less than 30	\$0.081		
30-34	\$0.122		
35-39	\$0.135		
40-44	\$0.257		
45-49	\$0.324		
50-54	\$0.716		
55-59	\$0.891		
60-64	\$1.350		
65-69	\$1.931		
70+	\$2.984		

DEPENDENT LIFE				
OPTION	MONTHLY RATE			
Option 1	\$2.40			
Option 2	\$1.20			
Option 3	\$4.80			
PERSONAL ACCID	DENT*			
OPTION	MONTHLY RATE PER \$1,000			
Employee Only	\$0.027			
Employee & Family	\$0.045			

^{*}Supplemental Life and Personal Accident cost is based on employee's current benefit base salary and level of coverage.